



Trisomy 13 & Holoprosencephaly

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- Patient details:

- 25 year old
- Primigravida
- 29 weeks +2 days
- Referred with CNS & facial anomalies



- Findings:

- Singleton
- Cephalic
- Anterior high placenta
- Normal liquor
- 3 vessels cord



Findings:

BPD,HC,AC,FL all small for dates EFW 916g

Head: brachicephaly

Brain: holoprosencephaly

Face: hypotelorism, proboscus

Spine: Sacral spina bifida & myelomenigocele

Heart: AVSD (septal defect)

Kidneys: Bilaterally enlarged, normal echopattern

Extremities: Bilaterally hyperextended knees, postaxial polydactyly and hyperextended wrists in both hands.



Management:

Patient was counselled about the findings and offered fetal karyotyping.

The patient opted for karyotyping and a cordocentesis was performed.

Karyotype was found to be - Trisomy 13

The patient was offered termination of pregnancy or continuation of the pregnancy.

Patient opted for a TOP and a fetocide was performed.



Brachicephaly & Holoprosencephaly



Proboscis on lateral and transverse facial views



Hyperextended knees, sacral NTD



- Holoprosencephaly is a spectrum of anomalies as a result of incomplete cleavage of the prosencephalon or forebrain during week 6 - 8 LMP.
- There are 3 types (depending on the degree of cleavage):
 - Alobar (most severe form)
 - Monoventricular cavity + fusion of thalami. Severe facial anomalies: hypotelorism, cyclops, proboscis.
 - Semilobar
 - Small brain rudimentary lobes, partial segmentation of ventricles and cerebral hemispheres posteriorly + incomplete fusion of thalami, absent corpus callosum. Facial anomalies.
 - Lobar
 - Normal separation of ventricles and thalami but absence of septum pellucidum. Ventricles communicate anteriorly, absent corpus callosum.
 - Mild facial deformities.



- Prevalence:
 - 1 in 10 000 births

- Etiology:
 - Chromosomal: usually Trisomy 13, also Trisomy 18, 13q-, 18p-.
 - Genetic disorders with autosomal dominant/ recessive inheritance mode.
 - Unknown.

- Recurrence:
 - For sporadic non- chromosomal holoprosencephaly the empiricl recurrence risk is 6%.



- Diagnosis:
- Alobar:
 - No Miltine (absent falx).
 - Single dilated mid- line ventricle replacing the two lateral ventricles or partial segmentation of the ventricles
 - Facial defects, hypotelorism, cyclopia, facial cleft, nasal hypoplasia, proboscus
- Semilobar:
- Small brain rudimentary lobes, partial segmentation of ventricles and cerebral hemispheres posteriorly + incomplete fusion of thalami, absent corpus callosum - (no cavum septum pellucidum). Facial anomalies.
- Lobar:
- Normal separation of ventricles and thalami but absence of septum pellucidum. Ventricles communicate anteriorly, absent corpus callosum.
- Mild facial deformities.



- *Prognosis:*
- *Alobar and semilobar are lethal.*
- *Lobar: associated with mental retardation.*